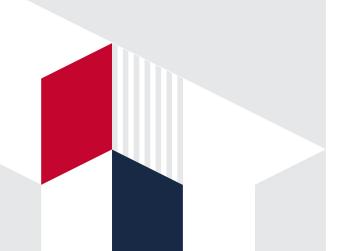
U.S. SOCCER LICENSED COACHES CREATE A POSITIVE, SUPPORTIVE, AND CHALLENGING LEARNING ENVIRONMENT.

## **MISSION**

Elevate coaching to impact player environments.

### U.S. SOCCER GRASSROOTS PLAYER DEVELOPMENT PHILOSOPHY

At the grassroots level, children learn and develop to their full potential through game-like experiences in an enjoyable environment that supports individual growth.



## IMPROVE YOUR SKILLS IN THE U.S. SOCCER SIX TASKS OF A COACH:

**Coaching Games -** Create an environment which supports and guides players.

**2 Coaching Training Sessions -** Facilitate an environment to develop players to their full potential.

**Leading the Team -** Create an environment of inclusion.

Leading the Player - Give players individual,
unconditional attention and mentor them to fulfill their potential.

**5** Managing the Performance Environment - Influence off-the-field circumstances and parents.

6 Leadership - Demonstrate coaching actions to accomplish defined team and player goals.

Visit LEARNING.USSOCCER.COM/COACH to sign up for online & in-person grassroots coaching courses.

# EVERY CHILD HAS THE RIGHT TO BE DEVELOPED BY A U.S. SOCCER LICENSED COACH



#### LEARN HOW YOU CAN CREATE A PLAYER-CENTERED ENVIRONMENT THAT FOCUSES ON:

FUN DIGNITY AND RESPECT SAFETY DEVELOPMENT

TNSC

# WHY SHOULD I TAKE A COACHING COURSE?

- Coaches should be life-long learners that plan for their own development and take action steps to improve.
- Research shows that good coaches lower kids' anxiety levels and lists their self-esteem.
- Learn more about U.S. Soccer's play-practice-play methodology.
- All players can play to win, but also learn through losing.

## COACHING EDUCATION COURSES (ONLINE OR IN-PERSON)

# LEARN:

HOW TO FOSTER A SUPPORTIVE AND FUN PLAYING ENVIRONMENT

HOW TO IMPLEMENT THE PLAY-PRACTICE-PLAY TRAINING SESSION CONCEPT

HOW TO DEVELOP PLAYERS TO THEIR FULL POTENTIAL THROUGH A PLAYER-CENTERED COACHING APPROACH

ABOUT THE AGE SPECIFIC CHARACTERISTICS OF YOUR TEAM

> 4v4 COURSES: (U6 - U8) 7v7 COURSES: (U9 - U10) 9v9 COURSES: (U11 - U12) 11v11 COURSES: (U13+)



**Upon completion of your license**, you will gain access to a season's worth of play-practice-play training sessions with every grassroots course.

For more information on course opportunities, please visit LEARNING.USSOCCER.COM/COACH

#### **U.S. SOCCER IS HERE TO HELP YOU!**

Improve your coaching skills and earn a coaching license with two course options:

- 2-hour online course
- 4-hour in-person course