



U.S. SOCCER LICENSED COACHES CREATE A POSITIVE, SUPPORTIVE, AND CHALLENGING LEARNING ENVIRONMENT.

MISSION

Elevate coaching to impact player environments.

U.S. SOCCER GRASSROOTS PLAYER DEVELOPMENT PHILOSOPHY

At the grassroots level, children learn and develop to their full potential through game-like experiences in an enjoyable environment that supports individual growth.

IMPROVE YOUR SKILLS IN THE U.S. SOCCER SIX TASKS OF A COACH:

- 1 Coaching Games** - Create an environment which supports and guides players.
- 2 Coaching Training Sessions** - Facilitate an environment to develop players to their full potential.
- 3 Leading the Team** - Create an environment of inclusion.
- 4 Leading the Player** - Give players individual, unconditional attention and mentor them to fulfill their potential.
- 5 Managing the Performance Environment** - Influence off-the-field circumstances and parents.
- 6 Leadership** - Demonstrate coaching actions to accomplish defined team and player goals.

Visit [LEARNING.USSOCCER.COM/COACH](https://learning.ussoccer.com/coach) to sign up for online & in-person grassroots coaching courses.

EVERY CHILD HAS THE RIGHT TO BE DEVELOPED BY A U.S. SOCCER LICENSED COACH



**COACHING
EDUCATION
COACH FOR
COMMUNITY**

LEARN HOW YOU CAN CREATE A PLAYER-CENTERED ENVIRONMENT THAT FOCUSES ON:

FUN
DIGNITY AND RESPECT
SAFETY
DEVELOPMENT



WHY SHOULD I TAKE A COACHING COURSE?

- Coaches should be life-long learners that plan for their own development and take action steps to improve.
- Research shows that good coaches lower kids' anxiety levels and lists their self-esteem.
- Learn more about U.S. Soccer's play-practice-play methodology.
- All players can play to win, but also learn through losing.

U.S. SOCCER IS HERE TO HELP YOU!

Improve your coaching skills and earn a coaching license with two course options:

- **2-hour online course**
- **4-hour in-person course**

COACHING EDUCATION COURSES (ONLINE OR IN-PERSON)

LEARN:

HOW TO FOSTER A SUPPORTIVE
AND FUN PLAYING ENVIRONMENT

HOW TO IMPLEMENT THE PLAY-PRACTICE-PLAY
TRAINING SESSION CONCEPT

HOW TO DEVELOP PLAYERS TO THEIR FULL
POTENTIAL THROUGH A PLAYER-CENTERED
COACHING APPROACH

ABOUT THE AGE SPECIFIC CHARACTERISTICS
OF YOUR TEAM

4v4 COURSES: (U6 - U8)

7v7 COURSES: (U9 - U10)

9v9 COURSES: (U11 - U12)

11v11 COURSES: (U13+)



Upon completion of your license, you will gain access to a season's worth of play-practice-play training sessions with every grassroots course.

For more information on course opportunities, please visit [LEARNING.USSOCCER.COM/COACH](https://learning.ussoccer.com/coach)