**Before returning to activity, all leagues and clubs must first meet and be able to document that they have met, all NM COVID Safe Practices, (CSP), and local government requirements.**

**Stage One**- Beginning May 16, 2020 (Permissible Soccer Activity-small sided trainings-only 5/1 ratio player/coach)

All affiliate member leagues and clubs communicate risk protocols to their coaches, administrators, parents, players and other officials. NMYSA will post current Return to Play Protocols at [www.nmysa.net](http://www.nmysa.net).

* All Adult Leaders/Coaches must be tested for COVID 19 with negative results, prior to participating, (suggest 72 hours), and follow all NM COVID Safe Practices, (CSP), identified on the attachment before beginning.
* Member affiliates must support decisions to not participate among youth, parents, and adult leaders/coaches who are uncomfortable participating in soccer activities for any reason.
* Ensure adult leaders, youth and their families do not enter facilities or recreational areas if either they or a household member has had onset of illness with symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days. Adult leaders/coaches and youth participants should check their temperatures daily before participation in soccer activities, (parents check their child’s temperature Coach’s check their own) and stay home if any COVID symptoms exist as identified by CDC. *Symptoms of COVID-19 can include fever or feverishness, cough, shortness of breath or difficulty breathing, chills or shaking chills, muscle pain, headache, sore throat, and new loss of taste or smell, (stomachache or diarrhea).*
* Adhere to State gathering restrictions by reducing the total number of participants in activities to no more than the number allowed by the State, (5/1 player/coach ratio). Maintain six (6) feet physical distance among participants and between youth, adult leaders/coaches, and parents or spectators.

**Coaches**

* Minimize physical contact between players and coaches. No handshakes, high fives or other physical touching before, during or after soccer activities. Observe six feet distancing during training.
* Wear masks during soccer activities. (Players should wear masks before and after but not during exercise)
* Sanitize hands and all shared equipment, (balls, pennies, cones, benches etc.) before, as needed during and after soccer activity. Coaches alone shall be permitted to retrieve, setup, gather and store equipment. (Please do not ask players to handle equipment). Follow CSP!
* Players must use their own soccer balls and minimize touching soccer balls with their hands during trainings, (passing is allowed). No spitting is allowed by soccer players coaches or officials period!

**Players**

* Sanitize hands, before, (if necessary) during, and after soccer activity.
* Refrain from handshakes, high fives or other physical touching before, during or after soccer activities.
* Wear masks before and after training but not during exercise and observe social distancing of six feet.
* Wash/disinfect gear and equipment immediately after soccer activity.
* Don’t share drinks, food, equipment or gear.

**Parents**

* Communicate, preferably electronically, any participation concerns to the team coach! Do not participate if you, your child, household member or someone you have been in contact with has COVID-19 or COVID-19 symptoms in the prior 14 days. Player/parent should not participate in Soccer activities if they are uncomfortable for any reason. All soccer activity is optional.
* Provide hand sanitizer for your child’s use before, during and after soccer activity and a mask if desired.
* Remain in your vehicle during soccer activity. If you leave your vehicle, wear a mask and observe social distancing and gathering restrictions.
* Ensure player’s gear and equipment is washed/sanitized before/after soccer activity.
* Limit carpooling to soccer or activities.

**Clubs/Leagues**

* Provide masks for your coaching staff/administrators whom are in contact with other staff/players/parents.
* Establish and communicate NMYSA protocols and any additional league/club expectations.
* Ensure no repercussion for players/parents that are not comfortable participating.
* Follow CSP and CDC if aware of COVID-19 cases and confidentiality. Close/cancel activities to properly disinfect and consult the local health department for guidance for specific situations.