

Los Alamos 'E' Certificate Course New Mexico Youth Soccer Association

Friday, July 25, 2008

6:00 pm – 9:00 pm

Classroom Session: Course Introduction and Schedule, NMYSA and USSF Coaching Courses, Methods and Principles of Coaching, Components of Soccer, Team Management, Assignment of Comprehensive Assessment Written Exam

Saturday, July 26, 2008

8:30 am – 11:00 am

Field Session-Technical with Candidates as Players:
Dribbling, Passing and Receiving

1:00 pm – 3:00 pm

Classroom Session - Tactics: Principles of Play-1st, 2nd, and 3rd attackers and 1st, 2nd and 3rd defenders, Designing and Implementing a Training Session

3:15 pm – 5:45 pm

Field Session-Technical: Model Training Session - Shooting (with a U-13 or U-14 team), Heading and Goalkeeping

5:45 pm – 7:15 pm

Classroom Session: Comprehensive Assessment Group Project and Presentation, Assign Practice Coaching Topics

Sunday, July 27, 2008

8:30 am – 11:00 am

Field Session-Tactical with Candidates as Players:
Attacking and Defending Principles

1:00 pm – 3:30 pm

Classroom Session: Care and Prevention of Injuries, Laws of the Game, Assessment and Review Assignment Discussion

4:00 pm – 5:30 pm

Field Session: Practice Coaching by Candidates

5:30 pm – 6:00 pm

Course Wrap-up and Evaluations

Course Instructor

Ray Nause

NMYSA Senior Instructional Staff

(505) 332-0706

raytunes@yahoo.com